

Mind & Body Program

FERTILITY TREATMENT CAN BE VERY STRESSFUL AND EMOTIONALLY DIFFICULT. WE ARE PLEASED TO REFER DR. MILTENBERGER, LICENSED PSYCHOLOGIST WHO SPECIALIZES IN INFERTILITY AND WOMENS ISSUES FROM A MIND AND BODY PERSPECTIVE.



These services can help you cope with:

- Impact of seeking treatment.
- Dilemmas about the decisions needing to be made.
- Managing your expectations.
- Psychological and emotional difficulties accompanying infertility.
- Communicating with those in your life.
- Depression, distress, anxiety

6 week program WEDNESDAYS January 19 – February 23rd 2011
5:30 – 7:00 PM 9101 North Central Expressway Ste 580 Dallas, TX 75220

Cost \$480.00 (consultation, all group sessions, manual & CD

*Insurance may reimburse for this program, call your provider to learn about your benefits

Call Dr. Miltenberger 214-890-9880 to sign up!

- ☺ You may participate in this program pre, post or during treatment.
- ☺ You may participate in the program if you want to take a break from treatment.
- ☺ You may stay in the program if you become pregnant.
- ☺ Partners may attend one session, but participation is optional.

